

SCHOOL FOOD SERVICE MANAGER'S INSERVICE WORKSHOP Royal Palm Beach Community High Jesus Armas - Principal Donna MacDonald - SFS Manager October 18, 2013

		Motworking					
8:00	Networking Marriag Sagion Regins						
	Morning Session Begins						
	Allison Monbleau	Pledge of Allegiance					
	Steve Bonino						
	Allison Monbleau	Introduction					
9:10	Edward Wells	SNA Updates					
9:25	Allison Monbleau	<u>Introductions</u>					
		Ken Lucht - South Tech Academy					
		Edwarda Lombi - New Horizons Elementary					
		Paula Ramirez - Forest Hill Elementary					
		Vickie Mansfield - West Gate Elementary					
		Rhonda Tesch - (temporary) Benoist Farms Elementary					
		Jaclyn Granda -Assistant Wellness Coordinator					
		Staff Introductions - Charter Schools, Tech, Payroll					
		SFS 2013 Annual Report					
9:45	Dave Trogdon	Vehicle Reminders					
		Team Update					
		Equipment Tips					
10:00	Break						
10:20	Jamie McCarthy	Introduction					
	 Mike Craig 	NutriSlice					
	Jamie McCarthy	Emergency Snack Procedure - Charter Schools					
		Muffin Platter Sticker Rollout					
		Recap of FL School Breakfast Week, Recognition					
		Assorted Recipes Update					
11:20	Pete Wood	Introduction					
	 Kathy Anderson 	AFLAC					

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Royal Palm Beach Community High

Jesus Armas - Principal

Donna MacDonald - SFS Manager

October 18, 2013

11:2	Pete Wood	Introduction	
	 Brooks Hannula 	Horace Mann	
	 Theresa Goulet 		
	 Donna Doonan 		
11:3	O Pete Wood	Introduction	
	• Jim Moore	New Health Insurance Marketplace	X

12:00

Sea Weed Salad Hunks of Bread Baked Parrot Buccaneer Corn



Argh! Gratin Potatoes Grog Scurvy Prevention Pie

1:00	Pete Wood	CCW - Corporate Care Works	P
	• Linda Ashkin	Humor in the Work Place	X
2:00		Questions and Discussion	•
2:45	Pete Wood	Heart Cut-outs	Х
2:55	Lori Dornbusch	100th Day Celebration	·
		Working Off the Clock	
		Employee Email	X
		SEIU/FPSU Representatives	
3:10	Maggie Prieto	Finance Updates	
3:20	Paula Triana	Soul Source Project Collection	
3:30	Allison Monbleau	Radio Spot	-
		Conclusion	
		Apple A Day	
4:05	Ed Wells	Raffle	
4:10	Allison Monbleau	Raffle	
		Video	
		Closing, Introduction	
4:20	Susan Slohm	SEIU/FPSU	

SFS Pirates Clue



People	Places	Items	
Pete "Pedro Scallywag" Fry	Brig	Hook	
Vickie "Lazyjacks" Keel	Galley	Grog	
Debbie (Hart) "Gold Fiend" Kneebone	Crew Quarters	Rope	
Ruth "Captain of Rats" Haul	Bow	Plank	
Jamie "Soft Heart" Drake	Gangway	Tell-Tale	
		(compass)	
Kim "Albatross' Curse" MacGregor	Crow's Nest	Chart	
Adrienne "Bawdy Boatswain" Bruce	Quarterdeck	Gold Coins	
Doreen "Sly Dog" Craggs	Bridge	Eye Patch	
Alix "Drunken Bilge" Goldsworthy		Barnacles	
Maggie "Rum Drunk" Gribble		Grub	
Debbie (Hardman) "Pieces of Eight"			
Bones			
Chantal "Swashbuckler" Peacock			
Allison "Steely-Eyed" Zelly			
Barbara "Gull Basher" Friggens			
Paula "Commodore Chops"			
Drinkwater			
Denise "Parrot Charmer" Ripper			
Connie "Both Barrels" Yelland			
Dave "Scurvy Sailor" Gummo			
Lori "Fierce and Foul" Roach			
Heidi "Thieving Magpie" Jewell			



2014 Healthcare Options In Florida

Overview

The Federally-facilitated Marketplace (FFM) will be offering health coverage in Florida in 2014. The FFM will make assessments of Medicaid/CHIP eligibility and then transfer the applicant's account to the state agency for a final eligibility determination. Florida is not expanding Medicaid coverage to low-income adults effective January 1, 2014.

Application and Enrollment in 2014

HealthCare.gov - Patient Protection and Affordable Care Act (PPACA) or Obamacare coverage

PPACA establishes a streamlined enrollment process through which individuals can gain access to affordable insurance coverage for which they are eligible. Individuals who meet certain income levels may be diverted to the Florida Agency for Health Care Administration site for Medicaid/CHIP programs or may enroll through this site with a subsidy for their health coverage.



AHCA.myFlorida.com - Medicaid/CHIP Eligibility & Coverage



Using Humor and Other Relaxation Techniques to Manage Stress in the Workplace

Presented by



What is Corporate Care Works?

Corporate Care Works is an Employee Assistance Program (EAP) provided to you **FREE** by your company. We offer access to licensed counselors for EAP assessment, short-term problem resolution, and/or linkage to community resources. Our services are **PROFESSIONAL** and **CONFIDENTIAL**. We can be reached 24hrs a day/7 days a week at 800.327.9757.

Objectives for today's seminar:

- Recognize the benefits of using humor and other stress relaxation techniques
- Identify Opportunities to incorporate stress relaxation techniques
- Explore concrete ways that humor can be injected into the work day

3 qoals that you will incorporate from today's session into your daily WORK routine:
1
2
3
3 goals that you will incorporate from today's session into your daily HOME routine:
1
2
3
3 tips/reminders you learned today that you can share with others:
1
2
3

EAP Can Help! Call for Assistance with: Depression • Finances • Alcohol/Drug Abuse • Conflicts • Stress • Parenting • Any Other Personal Concern 800-327-9757

ADDITIONAL NOTES					

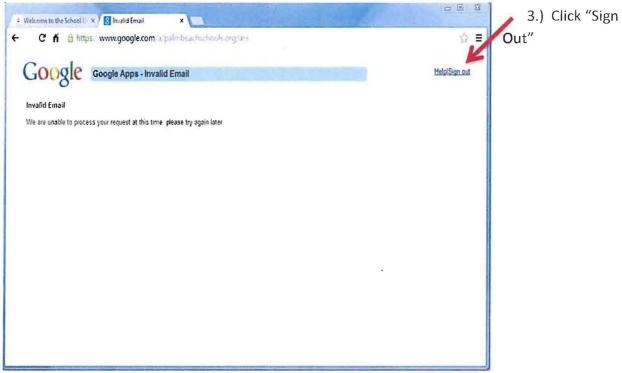


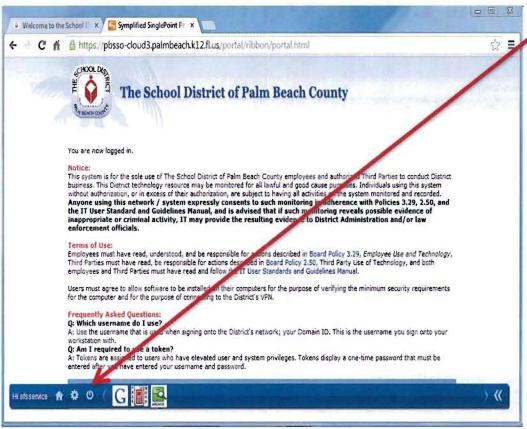


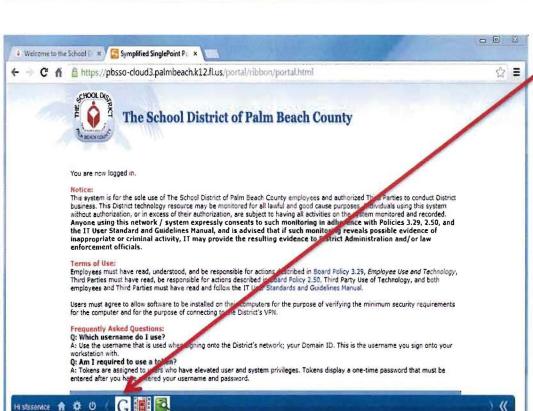
Course Name:			Date:			
Company:						
Facilitator:						
	Excellent	Very Good	Good	Little Value	Poor	
1. What is your overall opinion of the course?	5	4	3	2	1	
2. The course materials were:	5	4	3	2	1	
3. The course activities were:	5	4	3	2	1	
4. The instructor's presentation of the material was:	5	4	3	2	1	
5. The instructor's knowledge of the subject was:	5	4	3	2	1	
6. Can you apply the tools/techniques learned to your job?	YES	NO				
7. Would you recommend this training to co-workers?	YES	NO				
I Learned	For next ti I suggest					
Other trainings I'd like to attend						

Check Email on Registers









6.) Click the "G" and that will bring to your mailbox

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4.) Click

5.) Log in

the "Power

Button Icon and Logout"

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and Password